

## Welcome Letter & Office Policies for the Practice of:

Melissa Sophia Joy, N.D., M.I.M

3450A Mendocino Ave., Santa Rosa, 95403

website: [www.somatic-awakening.com](http://www.somatic-awakening.com) [www.sophiahealingacademy.com](http://www.sophiahealingacademy.com)

email: [drmelissasophiajoy@gmail.com](mailto:drmelissasophiajoy@gmail.com)

Office: 707.859-7977 Fax: 707.921.7942

Naturopathic Doctor, Founder of Somatic Awakening®,  
Medical Intuitive and Spiritual Teacher

Specializing in Mind-Body-Spirit Counseling with a focus on Chronic Illness,  
Women's Health and Hormonal/Emotional Balance

Welcome! Congratulations on taking a step towards improving your health naturally. I look forward to working with you to help you step into your healing and inner freedom.

### **My services include:**

- Nutrition
- Botanical Medicine
- Somatic Awakening®
- Medical Intuition
- Mind-Body-Spiritual Counseling
- Voice Dialogue
- Theta Healing®
- Spiritual Transmissions
- Intuition Medicine®
- Flower Essences
- Homeopathy
- Energy Medicine
- Diagnostic Testing
- Evolution Mentorship

### **My Appointment Hours are:**

Monday 2:00-5:30, Tuesday 10:15-5:30, Thursday 10:15-5:30 and

Wednesday and Friday on an as needed basis

\*Note: After you have an initial appointment you can schedule yourself for a follow-up visit through my online scheduling system Appointlet, which can be found on my [www.somatic-awakening.com](http://www.somatic-awakening.com) website (under the menu "For Patients" then "Schedule") and in the bottom section at the bottom of my emails.

Also, for your first session please fill out the new patient forms here: <https://somatic-awakening.com/forms/>.

I am currently only seeing patients non-locally via Zoom and/or phone. You can pay after the session, but if possible I prefer payment prior to the session (which can be made online).

### **Financial Policies:**

Fees are as follows:

For the initial one and a half hour visit the fee is \$325 (this includes all research post session)

For a follow-up session, which lasts on average 60 minutes, the fee is \$200

I also offer 5 follow-up 60 minute session series for \$900 (which is a \$100 discount)

And a 3 follow-up 60 minute session series for \$555 (which is a \$45 discount)

Please note that the all **session series are only valid for 6-months and are non-refundable.**

-Payment is expected at the time of treatment. If you must cancel your appointment, a **minimum of 48 hours notice is required.** Cancellations with less than 48 hour notice (not including emergencies) and "no-shows" are subject to pay the normal fee for their visit.

**Administrative/Followup Fees:**

There will be no charge for time spent on patient's needs/concerns of 15 minutes or less after a follow-up visit, which can include research, communication via text, phone, or email, or other concerns. However, if this time goes beyond 15 minutes please note that there will be an administrative charge of \$3/minute. All research and patient needs for new patient sessions are included in the initial new patient appointment fee.

I greatly appreciate referrals. If your experience has been helpful, please tell your friends and associates.

Thank you!

Dr. Melissa Sophia Joy, ND