Welcome Letter:
Melissa Sophia Joy, N.D., M.I.M

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Naturopathic Doctor, Founder of Somatic Awakening®,
Medical Intuitive and Spiritual Teacher
Specializing in Somatic Awakening® and Mind-Body-Spirit Counseling with a focus on Emotional Well-Being, Chronic Illness, Women's Health and Hormonal/Emotional Balance, and Spiritual Guidance

Welcome! Congratulations on taking a step towards improving your health naturally. I look forward to working with you to help you step into your healing and inner freedom.

My services include:

- Somatic Awakening®
- Botanical Medicine
- Nutrition
- Medical Intuition
- Mind-Body-Spiritual Counseling
- Diagnostic Testing
- Spiritual Transmissions
- Intuition Medicine®
- Evolution and Spiritual Mentorship
- Homeopathy
- Energy Medicine
- Flower Essences

APPOINTMENT HOURS:

Monday 2:00-5:30, Tuesday 10:30-5:30, Thursday and 10:30-5:30

Initial appointments at 90 minutes. After your initial appointment you can schedule follow-up visits through my online scheduling system, Appointlet. This link can also be found on my www.somatic-awakening.com website (in the menu "For Patients" then "Schedule"), or in the bottom section of my emails. You can choose to schedule either a 45-minute, 75-minute or 90-minute follow-up session. Please note I currently only see patients non-locally via Zoom and/or phone. You will receive a Zoom link for your initial appointment that can be used for all subsequent appointments

For your first session please fill out new patient forms here: https://somatic-awakening.com/forms/.

PAYMENT POLICIES:

All new patients need to pre-pay for their first appointment. (Please see Welcome email for ways to pay.) For follow-up appointments payment is preferred before the session. If you cannot do this, payment is required immediately after the time of treatment. If you purchase a five or three session follow up series, these series **are only valid for 6-months and are non-refundable.** If you must cancel your appointment, a **minimum of 48 hours notice is required**. Cancellations with less than 48 hour notice or "no-shows" are subject to pay the normal fee for their visit. This does not include valid emergencies.

I greatly appreciate referrals. If your session(s) have been helpful, thank you for telling your friends and associates.

Thank you!
Dr. Melissa Sophia Joy, ND